



# Cleveland Shetland Sheepdog Club

## *S P O T L I G H T*

November, 2016   
Happy Thanksgiving!

**Editor:** Sue Moreland ([bravoshelties@frontier.com](mailto:bravoshelties@frontier.com))

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*Send donations (payable to North East Ohio Sheltie Rescue), to:  
Dorie Mueller, 7028 Newton Falls Rd., Ravenna, OH 44266*

**TO ADVERTISE IN THIS NEWSLETTER, contact Sue Moreland**

**MEETINGS ARE HELD** on the second Tuesday of every month (unless the dates of the Crown Classic necessitate a change). The regular meetings begin promptly at 7 o'clock p.m. and are open to anyone with an interest in all things concerning Shelties.

**NEXT MEETING: TUESDAY, November 8, 7 P.M.**

**Program: "How Well Do You Know Your Standard?"**

This program will be presented either in November or December, depending on the amount of business items on the Agenda

**@CLEVELAND ALL-BREED TRAINING CLUB  
210 Hayes Drive, Brooklyn Heights, OH 44131  
(if you need directions, contact Barb Kaplan)**



November refreshments will be provided by Chris Cammarn

**Coming Events (Mark your calendars):**

*CSSC Specialties (Crown Classic)*

*December 10 and 11, 2016*

*ASSA National Specialty Show, Gray Summit, MO*

*April 14 - 17, 2017*

### **Top Ten Historical Thanksgiving Facts**

1. Thanksgiving Day is celebrated on the fourth Thursday in November in the USA.
2. Thanksgiving Day is celebrated on the second Monday in October in Canada.
3. The Plymouth Pilgrims were the first to celebrate the Thanksgiving.
4. They celebrated the first Thanksgiving Day in the fall of 1621.
5. The Wampanoag Indians were the people who taught the Pilgrims how to cultivate the land.
6. The Pilgrim leader, Governor William Bradford, had organized the first Thanksgiving feast in the year 1621 and invited the neighboring Wampanoag Indians also to the feast.
7. The state of New York officially made Thanksgiving Day an annual custom in 1817.
8. The annual Macy's Thanksgiving Day Parade tradition began in the 1920's.
9. Californians are the largest consumers of turkey in the USA.
10. By the fall of 1621 only half of the pilgrims, who had sailed on the Mayflower, survived. The survivors, thankful to be alive, decided to hold a thanksgiving feast.



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**CLEVELAND SHETLAND SHEEPDOG CLUB  
GENERAL MEETING**

Notes from the meeting which took place Tuesday, October 11, 2016



**President's Report** – “Welcome to our annual meeting. Today we look back on an eventful year and look forward to many events in the new year. We’ve had our challenges, like updating our Standing Rules and performing audits, but we have also had some successes, like our new website being built and the lovely club t-shirts. We thank all the out-going officers and welcome the new officers being elected this evening. I know that I felt like a rank beginner just two years ago and you have been very patient with me as I’ve grown in my knowledge of the club’s workings. While I no longer feel like a rank beginner, I still have a lot of growing to do in this new year. I hope that you will continue to support our club and the new officers as we try to make this upcoming year most productive.” President Barb called the meeting to order at 8:20 p.m. after a very wonderful and informative program presented by Sue Gundich of the Animals’ Disaster Team (see report on page 4). Members present this evening were Sue Moreland, Donna Waldorf, Diane Walker, Rhadine Zabrecky, Barb Schmauder, Betty Hitzler, John Bush, Laura Chegan and Mary Thrall. Our guests this evening were Kristi and Steve Mariner and Marlene Moss. Welcome!

**Recording Secretary's Report** -- Betty moved and Mary seconded that the minutes of the September general meeting be approved as they were published in the October newsletter. Motion carried.

**Report of the Board** – N/A

**Corresponding Secretary's Report:**

*Correspondence received via e-mail – N/A*

*Correspondence sent via e-mail –N/A*

*Correspondence received via USPS –*

- From AKC, they have received and processed the results from our Agility Event which took place on Friday, September 9, 2016. Corresponding date for the next year would be Friday, September 8, 2017
- From AKC, they have received and processed the results from our Agility Event which took place on Saturday, September 10, 2016. Corresponding date for the next year would be Saturday, September 9, 2017
- From AKC, they have received and processed the results from our Agility Event which took place on Sunday, September 11, 2016. Corresponding date for the next year would be Sunday, September 10, 2017
- From NEOSSR, a thank you note. “Dear CSSC members, thank you so much for the raffle you held at your agility trial to benefit our rescue. I hear that the wall hanging was beautiful. I am grateful for the continuing support that your club demonstrates towards our rescue, both financial and moral. The love we share for these dogs is a unifying and beautiful thing. Thank you for helping us help them. Gratefully, Cindy Hazelett, NEOSSR President”
- From AKC, permission is granted to hold our Sweepstakes events on December 10 and 11, 2016, in conjunction with the Crown Classic Shows.
- From AKC, our unbenched designated specialties scheduled on December 10 and 11 in conjunction with the Crown Classic Shows have been approved.

*Correspondence sent via USPS –N/A*

**Report of the Treasurer:** As always, a complete financial report will be made available to any member upon request.

**Reports of the Committees:**

**HERDING (report by Barb, as Cheryl was not at the meeting)** – Are we interested in selling our numbers to other herding clubs? Tabled until we have thought about it and until Cheryl can be present.

**WEBSITE** – The committee is actively working on the new website.

**Unfinished Business:** N/A

**New Business:**

**CHRISTMAS PARTY** – Everyone please think about whether you would like a “Potluck” here at our regular meeting site, or whether you would rather dine out. This decision will need to be made at the November meeting.

**OFFICER ELECTIONS** – “Since Nominations were closed at the October meeting, I hereby cast a unanimous ballot in favor of the slate of Officers so nominated. Respectfully submitted, Sue Moreland, Corr. Secretary.”

**BRAGS:**

**Barb S** has a new granddaughter, born this morning! Welcome Emma Elizabeth!

**John** reports that Scamper is holding his own with his health issues.



**There being no further business, Diane moved and Barb S seconded that the meeting be adjourned at 8:47 p.m.**



**ANIMALS’ DISASTER TEAM (ADT)**

Thanks again to Sue Gundich who presented a very informative talk about their wonderful Team. Following is a summary of her presentation:

The ADT is a non-profit, all volunteer organization founded in 1992. Their mission is to help people with their pets when disaster strikes by providing temporary assistance including housing, food and basic first aid for all animals in the community. They partner with the American Red Cross and Community Emergency Response Teams, and respond to disaster calls for help when animals become victims. **WHAT CAN WE DO TO BE PREPARED?** For example, **before disaster strikes**, have a family meeting to determine everyone’s role should disaster hit. Survey the home and determine the most safe places if you are not going to evacuate. Make phone calls to determine your options. Find out if you can go to family or friends away from the emergency area. **At the time of a disaster:** If you must leave your pet(s) behind, you need to have prepared a “Shelter in Place” where they will be safest. Do not leave any pets outside or tied up during a disaster. Leave only dry-type foods in sturdy food containers, and do not leave any supplements. Leave emergency contact info available for rescuers to find. Be sure to list the names and ages of each pet. Provide access to high places, such as counter tops, in case of flooding. **After the disaster** is over: Be careful in allowing your pet(s) outdoors after the disaster has ended, as familiar scents and landmarks may be altered and your pet could easily be confused and possibly lost. Check for downed power lines. If there are high water conditions, check for wildlife and reptiles brought in. Clean all areas of a damaged house before allowing your pet(s) access. Please do not leave your pets behind. The best way to survive any disaster situation is to be prepared by planning ahead.

For more information, to make a donation or join the Team, please visit:

[www.animalsdisasterteam.org](http://www.animalsdisasterteam.org) or write to:

Animals’ Disaster Team  
P. O. Box 609205  
Cleveland, Ohio 44109  
216-322-5584

## Natural Ways to Protect Yourself From Ticks

### Tips for fending off nature's blood-sucking fiends

Exploring the great outdoors is a wonderful thing to do in the autumn, but it is a joy that brings with it the potential pain of ticks. Ticks lurk just off of trails and in fields, thriving on moisture and humidity and waiting for hosts to pass by. When bitten by one, you are at risk for a number of diseases up to and including Rocky Mountain spotted fever, Ehrlichiosis and Lyme disease. To help avoid the scourge of ticks and the diseases they carry while avoiding the use of harmful chemicals, try these natural methods for tick protection.



**Lycopersicon hirsutum-** According to CDC.gov, the wild tomato plant, or *Lycopersicon hirsutum*, is a natural resource for the active ingredient 2-undecanone. The essential oil from the leaves and stems of the plant can be applied to skin, clothing and any gear being carried as a means to repel ticks. Applying up to 10 drops to your clothing or skin can help prevent attracting the attention of ticks.

**Lavender-** According to LiveStrong.com, lavender has tested favorably as a natural means to ward off ticks and prevent tick eggs from hatching. To get natural protection for yourself, utilize no more than 10 drops of lavender essential oil by mixing into the rinse when doing laundry, by spraying it on clothing and backpacks or by applying to skin.

**Homemade vinegar-based repellent-** OhSimply.com recommends another homemade concoction that scares ticks away. In a spray bottle, mix approximately two cups of distilled white vinegar with one cup of water and about 20 drops of a bath oil scent of your choice. Eucalyptus, citrus and peppermint are recommended for their strong smells, which not only serve to cover up the odor of vinegar, but also help repel ticks on their own. It is recommended that the mixture be reapplied about every four hours or so for maximum effect.

**Neem seed oil-** According to a study published at ncbi.nlm.nih.gov, neem seed oil proves 100% effective at killing certain tick larvae within 27 hours. As with other essential oils, neem seed oil can be blended with vinegar and oil to be used as a spray to naturally repel ticks.

**Treat your pets regularly-** Even away from the outdoors, it is possible to have a tick latch onto you that has come into your home via your pet. Using natural remedies on your pets helps reduce your risk for getting ticks at home. CDC.com recommends consulting with your veterinarian to learn about your options for regular treatment of pets.

**Awareness-** Perhaps the simplest and most natural way to stay clear of ticks is to know how to truly avoid them. CDC.gov recommends that, when hiking or engaging in any outdoor activity, you avoid shrubs and leaf litter and stay as close to the center of a path as possible. At home, you can help make your yard tick-free by removing leaf litter, keeping the grass short, and laying wood chips or gravel between your lawn and any wooded area.

Ticks are not only disgusting to look at and painful once they've become attached, but the effects that they can leave on your body can be devastating. Keep yourself free of them by knowing where they might live and how to rid yourself of them quickly, and get back to enjoying the great outdoors once more.

## **CAR CARE: GET READY FOR WINTER**

It's not too early – you don't want to be stranded with dogs in the car!!!!

It's time to start thinking about it. Winter. Even as we enjoy the onset of autumn's splendor, we know winter is not far behind. Is your vehicle ready? While the weather is pleasant, take a few minutes to do some simple checks.

**Lights:** Do all the lights on your car or truck work properly? It's easy to tell if a headlight has failed, but burned out brake lights, blinkers, and marker lamps aren't always apparent. Don't worry if you don't know how to replace the bulbs yourself; especially now, with so many vehicles using LED lighting elements, fixing a problem may require the help of a dealer technician, but you can spot the lights that are out yourself.



Make sure the headlights, both low and high-beam, are operating correctly. To check the other lights, turning the vehicle on to its "accessory" position might be necessary. Make sure the blinkers all work, left and right, front and rear. Many vehicles now have additional blinkers in the mirrors or sides of the vehicle, so be sure to check those if your car or truck has them. Get an assistant to step on the brake pedal while you make sure all your brake lights – left, right and center high-mounted – are working. Remember to check license plate lights, position lights, reverse lights, running lights and parking lights.

**Wipers and Windshield:** Is it hard to see out your windshield at night or in the rain? If the answer is yes, you'll want to correct the situation. Wipers that smear, chatter, or otherwise fail to clear the windshield are a big danger you can fix quickly and inexpensively. If you don't remember the last time the wiper blades were changed, now is a good time to replace them. Check the operation of your windshield washer system, too. Do the nozzles spray a strong stream on the windshield? If you can't see, you're more likely to hit things.

The windshield itself can pick up rock chips and other damage that reduces visibility. Keep the windshield clean, inside and out; physical damage to the windshield glass can sometimes be repaired, and windshield replacement, if necessary, may be covered by your car insurance, depending on your coverage.

**Tires:** Even if you're not in a region where winter tires are necessary, you need good tires for maximum safety. Look for uneven wear patterns or low tread depth. Worn tires are more likely to hydroplane, and they give up dry traction, too. Any obvious damage--including chunks missing, nails or screws in the tread, bubbles or cuts in the sidewalls, suspicious bulges or flat spots in the tread, etc.--can be an immediate hazard and should be addressed right away.

**Fluids:** This one is possibly the simplest. Make sure all the fluids are at the proper levels, especially the windshield washer fluid. It's a good idea to carry an extra bottle or two of washer fluid, as well, because it's easy to go through a lot of it when you need to keep salt spray off the windshield. Power steering fluid, engine coolant and brake fluid are vital to safe driving, as well; if you don't feel comfortable checking these fluids yourself, your service department will happily take a look.

Now you can head into the winter months confident that your car won't let you down when you need it the most.

## **NEVER FEED THESE FOODS TO YOUR DOG AT THANKSGIVING!**

The good food and good company that come along with Thanksgiving are nearly upon us, and the four-legged members of your family are looking forward to it, too. But some of the holiday treats you look forward to eating on Turkey Day can be awful for your dog—and in some cases, they're dangerous.

Here are 10 foods you shouldn't share with your dog on Thanksgiving—or any other day, for that matter—according to the Prince William County, Va. Animal Shelter:

### **1. BONES**

It might seem counterintuitive, but bones are bad for your dog. Carmela Stamper, DVM, of the FDA's Center for Veterinary Medicine says giving your dog a bone, no matter what the size, can mean a trip to the vet, and even possible surgery or death. She recommends making sure you throw out bones from your own meals so your dog can't get to them.

### **2. RAW OR UNCOOKED TURKEY**

This is an obvious one. The threat of salmonella in uncooked turkey is terrible for your dog's stomach (and yours, of course).

### **3. TURKEY SKIN**

You may love the turkey skin and gravy—but fatty foods like those are tough for your dog to digest. In fact, your dog's pancreas can become inflamed, resulting in pancreatitis.

### **4. DOUGH OR CAKE BATTER**

Raw dough plus your dog's body heat can actually make the dough rise in its stomach. That can cause your dog to vomit, while at the same time suffering abdominal pain and bloating. Plus, the batter you use for those cakes and cookies contains raw eggs, which could contain salmonella bacteria. Make sure to clean up any scraps or droppings that hit the floor right away.

### **5. BEER**

Keep the cold ones to yourself. Some dogs might love beer, but it can really mess with their stomach. And if the dog has too much, it can cause a fever, rapid heartbeat, seizures, liver damage, or even death.

### **6. MACADAMIA NUTS**

They're very bad for dogs, and can cause a reaction called macadamia nut toxicosis. Symptoms can range from lethargy to vomiting to your dog being unable to stand up.

### **7. MUSHROOMS**

Fungi are good for you, but very bad for your dog. If your dog eats mushrooms, the dog may experience vomiting, seizures, or even coma and possibly death.

### **8. ONIONS AND GARLIC**

Your dog can get very sick from eating onions or garlic, because they contain sulfides—which are toxic to dogs and can cause destruction of red blood cells, leading to anemia.

### **9. SAGE**

Sage is in countless Thanksgiving Day recipes, but it shouldn't be in your dog's bowl. Sage contains oils and resins that can upset your four-legged friend's stomach and do a number on its central nervous system.

## 10. NUTMEG

Pumpkin and sweet potatoes are good for your dog—but make sure they don't contain nutmeg. It has mild hallucinogenic properties that, when ingested by your dog, can cause seizures, tremors and central nervous system problems.

### **BONUS NO-NO: CHOCOLATE.**

Most dog owners know this golden rule. Never, ever feed your dog chocolate. It's toxic for them.

Make sure to have plenty of dog food and treats available to offer your dog as an alternative to the things they shouldn't be eating. And if you're hosting dinner, tell your guests not to feed your dog any table food (because they might not know otherwise). And when you go out for that post-turkey feast walk, take your dog with you!



### **Cold Turkey - A Funny Thanksgiving Story**

On the the Monday before Thanksgiving, Bobby Evans collapsed in a Wal-Mart in Worcester Massachusetts. Other customers gathered around and first aid was summoned. It did not look good for Bobby; there was blood coming out of his ear, his face looked white and he was unconscious!

The store manager dialed 911 and when the medical team arrived the first thing they did was take off Bobby's hat. To everyone's amazement, inside was a partially frozen turkey. What felled Bobby was the chill from turkey numbing his brain. The blood came from the giblets which had melted and leaked over his hair and down into his ear.

As it was Thanksgiving the manager took pity, and rather than prosecuting the shop-lifter, gave him the partly thawed bird and sent Bobby on his way. Two days later the manager got a letter from Bobby apologizing for his behavior and thanking the manager for his action. Also inside the envelope was \$15, the price of his turkey.

## TEN REASONS WHY WE'RE THANKFUL FOR OUR DOGS

As the holidays get closer, we always take a moment to think about what matters most. There is a lot to be thankful for and our dogs are at the top of that list year after year. There are so many reasons to be thankful for our four-legged children, but here are a few of them.

1. **Dogs put a smile on our face.** No matter what kind of day we've had, dogs make us feel better. Their sweet faces and playfulness are always a mood booster.
2. **They encourage us to exercise.** Walking with dogs is a great way to get in shape and keep our dogs fit too. Plus we get to check out all the awesome dog parks in Austin. Now that the temperatures are cooler, there are no excuses!
3. **They easily forgive and forget.** Ever make your dog mad? The great part is they don't hold a grudge...at least not for long.
4. **Dogs are great listeners.** Sometimes we just need to vent. Telling our dogs about a hard day is therapeutic. They listen carefully and never talk back. Just getting our worries off our chest is enough most of the time.
5. **They are the best cuddlers.** Lower temperatures means extra cuddles! Dogs love sitting on the couch with us, cuddling up with a soft blanket. They don't care if we're binge-watching Netflix, working on our laptop or cheering on our favorite team.
6. **They aim to please.** No matter what. And it's wonderful. Sit. You got it. Stay. Sure, why not. Shake. Done. Fetch. You betcha. Who else has this mentality their entire life?
7. **Dogs give us a reason to get out and enjoy the city .** Exploring is the best dog parks and dog friendly bars and restaurants is a wonderful way to spend the weekend. There are so many fun places to try and it's much more enjoyable to explore with a four-legged friend.
8. **They are extremely loyal.** They stick by us through thick and thin. It's comforting to know our dogs will always be there for us.
9. **They accept us just the way we are.** Dogs don't care if we didn't get that promotion at work. They don't mind if we're out of shape or our home is a mess. Dogs don't mind if the dinner we made was a disaster. They love us for being us.
10. **Dogs provide unconditional love.** They are the only creatures that love their owners more than themselves. And that is truly amazing.

